

Personal Training Services - 13% HST

Package Session	Adult 1-Hour		Adult ½-Hour	
	One	Two	One	Two
20	1200.00+156.00=1356.00	750.00/pp+97.50=847.80	675.00+87.75=762.75	440.00/pp+57.20=497.20
	60.00+7.80=67.80	37.50/pp+4.87=42.37	33.75+4.38=38.13	20.00/pp+2.60=22.60
10	625.00+81.25=706.25	395.00/pp+51.35=446.35	355.00+46.15=401.15	237.50/pp+30.87=268.37
	62.50+8.12=70.62	39.50/pp+5.13=44.63	35.50+4.61=40.11	23.75/pp+3.08=26.83
5	325.00+42.25=367.25	205.00/pp+26.65=231.65	187.50+24.37=211.87	127.50/pp+16.57=144.07
	65.00+8.45=73.45	41.00/pp+5.33=46.33	37.50+4.87=42.37	25.50/pp+3.31=28.81
1	80.00+10.40=94.40	46.50/pp+6.04=52.54	40.50+5.26=45.76	26.50/pp+3.44=29.94
Package Session	Teen 1-Hour		Teen 1/2-Hour	
	One	Two	One	Two
20	1100.00+143.00=1243.00	690.00/pp+89.70=779.70	620.00+80.60=700.60	410.00/pp+53.30=463.30
	55.00+7.15=62.15	34.50/pp+4.48=38.98	31.00+4.03=35.03	20.50/pp+2.66=23.16
10	575.00+74.75=649.75	360.00/pp+46.80=406.80	325.00+42.25=367.25	220.00/pp+28.60=248.60
	57.50+7.47=64.97	36.00/pp+4.68=40.68	32.50+4.22=36.72	22.00/pp+2.86=24.86
5	300.00+39.00=339.00	187.50/pp+24.37=211.87	172.50+22.42=194.92	117.50/pp+15.27=132.77
	60.00+7.80=67.80	37.50/pp+4.87=42.37	34.50+4.48=38.98	23.50/pp+3.05=26.55
1	65.00+8.45=73.45	43.50/pp+5.65=49.15	37.50+4.87=42.37	25.00/pp+3.25=28.25

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CONTACT LIST

Package Session	Adult 1-Hour Group Training		Nicole Crewe, ext 272 Andrew Grossi, ext 626 Connie Dandy, ext 621 Daniel Smikle-Peters, ext 687 Donna Paris, ext 293 Heather Kaczor, ext 691 Heather MacDonald, ext 697 Jackie Giella-Crespo, ext 703 Jamie Curran, ext 686	Janet Luguori, ext 667 Jannie Rodrigues, ext 663 Jared Mazzei, ext 628 Milos Arsic, ext 707 Paul Meldurm, ext 648 Regan Clark, ext 623 Teri Cooney, ext 614 Tom Kaczor, ext 649 Val McLeod, ext 651
	Three	Four		
20	31.50/pp+4.09=35.59	28.50/pp+3.70=32.20		
10	33.00/pp+4.29=37.29	29.50/pp+3.83=33.33		
5	34.50/pp+4.48=38.98	31.50/pp+4.09=35.59		
1	37.00/pp+4.81=41.81	33.00/pp+4.29=37.29		