



ORC TENNIS ACADEMY 2010/2011

“Refuse to Miss”

Dear Parents and Players,

I would like to thank all of the 2009/2010 academy players and parents for a great year. Arriving in January, I was struck not only by the enthusiasm of the players but also the commitment and support shown by all of the parents.

The 2009/2010 season brought some impressive results to our academy players. Congratulations to Gloria Liang for winning the under 14 Indoor Nationals Title. Outstanding top 10 results at the provincial and national level were achieved by Kyle MacDonald, Natasha Irani, Kim McCallum

Another highlight for some of our youngest players was being invited to play in front of a packed crowd as the opening act in the McEnroe/Courier exhibition.

This past season saw over 200 players enrolled in the Academy. Significant modifications to the structure this past year included:

- Increased time on court with the introduction of early morning sessions
- Coaches were expected to raise their game and perform at a new, more intense level

We would like to continue the positive momentum. In addition to continuing to ‘raise the bar’ with our Academy structure and goals, we are introducing a new slogan for the year. “Refuse to Miss” is more about attitude than ability—it encompasses the goals of player commitment and perseverance, especially when the going gets tough. It also reflects the passion and dedication of our coaching staff—we are on this journey with you, after all.

On the following pages you will find all of the requisite details for the upcoming season—if there is anything you feel I might have missed, or that you wish to clarify, please do not hesitate to contact me.

I look forward to working with you in 2010/2011.

See you on court!

Gary Muller

ORC ACADEMY INFORMATION

2010/2011

OUR GOALS

1. To foster a physically and emotionally safe environment where our players are
 - **Nurtured** to develop the necessary skills
 - **Encouraged** to enjoy the game
 - **Inspired** to reach their personal goals
 - **Challenged** to work harder and strive even farther
2. To be the best Academy in Canada, and to be as good as any top international Academy.
3. Attract program clothing sponsors and equipment suppliers.
4. Work towards specific goals at each level as follows:
 - **PERFORMANCE**
 - Develop an *ELITE* squad
 - Have at least 40% of players in the main draw of the provincial and 25% at national tournaments at all age groups within the next three to five years
 - **JUNIOR DEVELOPMENT**
 - To provide a fun, energetic environment that gives participants the skills necessary to create a lifelong love for tennis.
 - To improve technical and tactical skills in order to progress to the performance level.
 - **PROGRESSIVE**
 - To develop a comprehensive/structured program that kids (and their parents) are excited to take part in, and that produces results
 - ORC will work closely with Tennis Canada to develop the game in the area

**WE HAVE THE
FACILITIES, SUPPORT,
RESOURCES AND
TALENT TO BE ABLE
TO PRODUCE
CHAMPIONS!**

1. *This is one of the biggest Academies in the country*
2. *We have the support of positive and involved parents who care about our players*
3. *We have the backing from ORC management*
4. *We have the support of Tennis Canada*
5. *We have a highly qualified and passionate coaching staff*
6. *We have a Tennis Director who believes in the importance of spending a lot of time on and off the court with our players*

MISSION STATEMENT

To create a structured environment that allows players to reach their full potential mentally, emotionally, physically and tactically.



2010/2011 ACADEMY TEACHING PROFESSIONALS

Tennis Director	Gary Muller
Head Tennis Professionals	Alex Benyi Andrea Rabzak
Certified Tennis Professionals	Jay Barlow Aaron Cumberland Arash Jalali Sam Jonas Patrice Lezama Peter Liu Giulio Morelli Dean McCool Nino Rajic Todd Raleigh Adam Svoboda
Athletic Development	TBA

Academy Contact Information:

Gary Muller, Tennis Director

905 822 5240 (ext 245)

gmuller@ontarioracquetclub.com

Tennis Administration

905 822 5240 (ext 250)

tennisadmin@ontarioracquetclub.com

IMPROVEMENTS FOR THE UPCOMING SEASON

The success of our program over the past year highlights the growth in commitment on the part of our players and their families, as well as our dedicated coaching staff. We will continue to refine the many features of our Academy structure for the 2010/2011 season:

The ORC Academy week will now include Fridays (offering a five day training week)

Extended training hours, including weekly morning sessions (Tuesday and Thursday)

Revamped fitness program, tailored to address tennis specific needs

Players will be given the opportunity to develop the ever so important tactical side of the game

We are trying to introduce more competitive opportunities for players

We shall continue to improve our communications by establishing an online ORC Academy interactive group (similar to a Facebook group) to facilitate the spread of information, publish results and encourage feedback and communication amongst participants, parents and program leaders

Continuation of Player and Parent Education Seminars

We are looking to establish a designated junior lounge for our Academy players that will give them a much needed on-site base

ORC ACADEMY PLAYER RESPONSIBILITIES

1. To be respectful of all coaches, players and club facilities
2. To practice at the appropriate intensity level
3. To complete all the work asked for by the coaches i.e. work books, journals
4. To be here and ready to play on time
5. To have an active key fob (\$20* non refundable deposit required) *taxes extra

2010/2011 ACADEMY APPLICATION

Application for the ORC's Tennis Academy must be made through the Tennis Director, Gary Muller. The application **deadline is Wednesday, August 18, 2010**. Applications submitted before the deadline will receive a 5% discount off the price of the program. In recognition of the commitment of many of our families, ORC is pleased to announce we will offer 10% off the price of the program for any family's second child who participates in the Academy.

Should you wish to enroll in a particular level of the Academy, please state this on your form. You will be notified whether or not you have been accepted into that program. Players registering for the 4 or 5 day a week program will receive priority placement into the Academy. During the first two weeks of the Academy, players will be evaluated based on the course curriculum, and may be moved up or down accordingly. For a player to move up in training, not only must they show mastery of course materials, but they must also display the required attitude towards training.

IMPORTANT ACADEMY DATES

Application Deadline	August 18, 2010
Performance Results Deadline	August 23, 2010
Start Date	September 14, 2010
Year End	June 6, 2011

PLEASE NOTE: Athletic Development Assessments will be completed during the first week of Academy (September 14-30, 2010)

ACADEMY BREAKS

Christmas/Holiday Break	Monday December 22, 2010 to Sunday January 2, 2011
Family Day	Monday February 21, 2011
March Break	Monday March 14-20, 2011, inclusive
Good Friday	Friday April 22, 2011
Easter Sunday	Sunday April 24, 2011
Victoria Day	Monday May 23, 2011

SPECIFIC CRITERIA OF ACCEPTANCE INTO THE ORC PERFORMANCE PROGRAM IS BASED ON THE FOLLOWING:

U12, U10, U8 Performance and National Tour Squad

Program enrollment is completely at the discretion of the Tennis Director with input from the Tennis Professional team.

Commitment:

Players agree to and abide by specified overall training environment as outlined in the application.

Athletic Development:

Players meet ORC minimum standard for age group based on age and gender (testing to be completed in 1st two weeks of Academy)

Results:

- 1. ITF and/or National Ranking*
- 2. Provincial Ranking (minimum standard: main entry to outdoor provincials)*
- 3. Tennis Canada NTC Participation (2009-2010)*
- 4. Significant Tournament Results*



ACADEMY STRUCTURE AND PRICING

DETAILS					PRICING		
Program	Details	Times Offered	Days of the Week Offered	# of days attending	ORC Rate Member	Flat ORC Member	Program Member
Progressive Tennis							
Mini Futures*	1/2 court Ages 5-7	6-7 pm	Mon & Wed or Tues & Thurs	2	\$848	\$1,286	\$1,636
Futures*	3/4 court Ages 7-9 Incl. Fitness	5-7 pm	Mon & Wed or Tues & Thurs	2	\$1,969	\$2,625	\$2,975
Junior Development							
Satellites	Full Court Ages 9-12 Includes Fitness	4-6 pm	Mon, Tues, Wed, Thurs	4	\$3,517	\$4,830	\$5,180
		6-8 pm	Fri	3	\$2,849	\$3,833	\$4,183
		noon-2pm	Sat	2	\$1,969	\$2,625	\$2,975
Challengers	Full Court Ages 12+ Includes Fitness	5-7 pm	Mon, Tues, Wed, Thurs	4	\$3,517	\$4,830	\$5,180
		6-8 pm	Fri	3	\$2,849	\$3,833	\$4,183
		noon-2pm	Sat	2	\$1,969	\$2,625	\$2,975
High Performance Tennis							
U12, U10, U8 Performance	Tennis Canada Performance Standards. Includes Fitness	6-8 am	Tues, Thurs	5	\$4,660	\$ 6,038	\$6,388
		4-6 pm	Mon, Wed, Fri	4	\$3,728	\$ 4,830	\$5,180
				3	\$3,006	\$ 3,833	\$4,183
National Tour	Tennis Canada Performance Standards Includes Fitness	6-8 am	Tues & Thurs	5	\$5,875	\$ 7,800	\$8,150
		4-6 pm	Mon, Tues, Wed, Thurs, Fri	4	\$4,970	\$ 6,510	\$6,860
Elite Tour	Tennis Canada Performance Standards Includes Fitness	6-8 am	Tues & Thurs	5	\$6,413	\$ 8,250	\$8,600
		1-4 pm	Mon, Tues, Wed, Thurs, Fri	4	\$5,350	\$ 6,820	\$7,170

All prices are subject to HST

*Futures and Mini Futures are encouraged to attend any of the Saturday morning Progressive Tennis programs outlined in the ORC Program Guide for an additional day of instruction and match play.



ORC Academy Player Privileges

Academy players who do not have a family or individual ORC membership are considered Program Members. Program Members are permitted into ORC for purposes of participation in their program. Academy players do not have advance court booking privileges and may only play during designated hours. Academy players who have an ORC membership should refer to the court booking policies for members.

Walk-On Privileges

All Academy players can “walk on” and pay no court fees during the designated walk on times. Players having a lesson during these times will not be charged for the court fee. Players must be present in the club and request access to a court from the front desk. Under no circumstances are academy members to walk on or play outside the designated walk on times:

Monday-Friday: 6:00 am - 9:00 am & 3:00 pm - 4:00 pm
Saturday and Sunday: 7:00 am - 9:00 am & 5:00 pm to club closing

Fitness Centre

Academy participants 15 years of age or older are allowed work-out in the Fitness Centre and Weight Room. If an academy participant is under the age of 15, they will need to meet certain requirements to be allowed in gym. Please ask for a Teen Fitness @ ORC guide at the Front Desk. For Athletic Development Training please contact ORC's Fitness Director, Nicole Crewe, at extension 272 if you have any questions regarding fitness centre usage or training.

Academy players may attend Kids and Teens clinics for **free**. Please consult the ORC Program Guide and register at the front desk.

Court Policies

Ball Hoppers: In order to provide an enjoyable tennis experience for all members and their guests, we must insist that ONLY ORC teaching staff make use of tennis hoppers (baskets) on court during the hours of 9:00 am to 9:00 pm. Members may make use of their personal ball hoppers before 9:00 am and after 9:00 pm daily. While we understand that members often wish to practice serves or other shots, we respectfully request that they limit the numbers of balls on court to a maximum of six during the time restrictions outlined.

ORC Academy Player Responsibilities

- To be respectful of all coaches, players and club facilities
- To practice at the appropriate intensity level
- To complete all the work asked for by the coaches i.e. work books, journals
- To be here and ready to play on time