



It's a lifestyle!

Female Body Fat Mass Ranking

Name	Body Fat Mass Mass (lbs)	Team Captain
1. Mary Hunt	12.8	Teri Team 1
2. Gillian Burman	12.2	Paul Team A
3. Janet Bulger	11.2	Janet
4. Lise Robert	10	Tom
5. Michelle Houle	9.8	Nicole Team A
6. Crystal Smith	9.4	Regan
7. Josie Skowronski	9.2	Daniel Team A
8. Heather Moffat	7.8	Nicole Team A
9. Kathy Marshall	7.4	Paul Team A
10. Evelyn Fraser	7	Milos Team 1
10. Kathy Poon	7	Connie
10. Jali Simancas	7	Daniel Team A
11. Heather Wilcox	6.8	Nicole Team A
12. Karen Wiltse	6.6	Heather
12. Sandy Johnston	6.6	Paul Team A
13. Tracey Campbell	6.2	Nicole Team A
13. Barb Dorrington	6.2	Milos Team Alpha
13. Cheryl Wilms	6.2	Paul Team A
14. Caroline Baird	6	Regan
15. Connie Thomas	5.4	Janet
16. Nancy Woodall	5.	Teri Team 1
17. Irene Giltrow	5.2	Connie

Male Body Fat Mass Ranking

1. Mike Moon	16.2	Nicole Team Alpha
2. Tom Leishman	11.4	Nicole Team Alpha
2. Rick Shaban	11.4	Milos Team A
3. Wolfgang Brech	10.4	Donna
4. Gord Stovel	7.8	Paul Team 1
5. Jamie Johnston	6.2	Paul Team A
6. Doug Ramsay	5	Paul Team 1

