

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6am						CLOSED	
6:30am							
7am							
7:30am							
8am							
8:30am	Ladies Circuit	Ladies Circuit	Ladies Circuit	Ladies Circuit	Ladies Circuit		
9am	Jackie	Jannie	Milos	Jannie	Jannie	Ladies Circuit Milos	Ladies Circuit Milos
9:30am							
10am							
10:30am							
11am							Teen Circuit Milos
11:30am							
12pm	Ladies Circuit. Connie						
12:30pm							
1pm							
1:30pm							
2pm							
2:30pm							
3pm							
3:30pm							
4pm			Teen Circuit Anne		Teen Circuit Anne		
4:30pm							
5pm							
5:30pm							
6pm							
6:30pm							
7pm	Ladies Circuit Andrew		Ladies Circuit. Andrew				
7:30pm							
8pm							
8:30pm							
9pm	The grey area represents private and/or semi-private sessions.						

Fall Schedule - Effective Tuesday September 8, 2009